

Do adverse psychosocial working conditions cause the onset of depression? International scientific evidence

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NATIONAL RESEARCH CENTRE
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Why work and depression?

- Depression is the leading cause for years of life lived with disability
- It is widely assumed that the aetiology of depression is multifactorial, involving biological, social, and psychological processes
- Exposure to chronic stressors, such as an adverse psychosocial work environment, might be one important component

Why international scientific evidence?

- The self-assessment, clinical diagnosis, treatment, and social acceptance of depression is not independent from societal and cultural factors
- If similar working conditions have similar effects on risk of depression in different countries, would strengthen the case for working conditions as a causal factor in the aetiology of depression

The Symposium

- **Bo Netterstrøm, Denmark**
 - A systematic review of the international literature on work and depression
- **JianLi Wang, Canada**
 - Results from a longitudinal cohort of the Canadian National Population Health Survey
- **Akizumi Tsutsumi, Japan**
 - Results from three Japanese epidemiological studies
- **Jac J.L. van der Klink, The Netherlands**
 - An overview of several Dutch studies

Copies of the Presentations

- Copies of the presentations can be downloaded from the homepage of the research group “Psychological health and well-being at work” (PIWA) at the National Research Centre for the Working Environment

www.nrcwe.dk/PIWA/Presentations

